

Health & Wellness Marketplace

Check out the companies and service providers below to fulfill your health and wellness needs. To advertise in this section for as little as \$25, call us at 785-380-8848 or email info@TopekaHealthandWellness.com.

MEDICAL

KMC GASTROENTEROLOGY & ENDOSCOPY CENTER - 2200 SW 6th Ave.
Treating abdominal pain, digestive disorders, constipation & more 785-354-8518.
KMCPC.com • www.TopekaEndoCenter.com

MENTAL HEALTH - ADDICTION

MENTAL HEALTH - ADDICTION TREATMENT - Adult Crisis Services
785-234-3300 www.astraks.org

OFFICE SPACE FOR RENT

OFFICE SPACE available, great for therapists, health & wellness companies, small bus. owners. Desks/chairs, all utilities & Wi-fi/Ethernet included. \$100 VISA card to new leases if you mention this ad! College Park Office Suites, 2611 SW 17th St. Call/text 785-430-1657. info@cpofficesuites.com

FINANCIAL HEALTH



—THE—
**RETIREMENT
TEAM**

KsRetire.com

785-478-7808

**5909 SW 28th St., Ste 100
Topeka, Kansas 66614**

The Retirement Team is a team of financial professionals that specialize in helping retirees and those about to retire.

Roger Shumaker is a Registered Representative & Investment Advisor Representative. Securities and Investment Advisory Services offered through Osac Wealth, Inc. member FINRA/SIPC. Osac Wealth is separately owned and other entities and/or marketing names, products or services referenced here are independent of Osac Wealth.

CHIROPRACTIC

Beckley
CHIROPRACTIC
& WELLNESS

- Chiropractic Care
- Red light therapy
- Massage therapy
- Yoga classes
- Detoxification
- Nutrition counseling
- Spinal decompression therapy

Amber N. Beckley, D.C. • Doctor of Chiropractic
(785) 234-5056 • office@beckleychiropractic.com
216 SW 7th St., Topeka • www.BeckleyChiropractic.com

MEDICAL PRODUCTS



Supplies & Services LLC

Specializing in all your CPAP needs
785-289-3188 2905 SW Gage

REALTORS

BOWES
Countrywide
Realty
Life Transitions
Estate Listings
785-414-9124

PERSONAL NURSE COACHING

Client-centered, Customized Plans
"BRIDGING THE GAP BETWEEN FOOD AND MEDICINE"
Book a **FREE** nurse coaching consult call!
The Functional Nurse Coach
Rebecca Wharton, RN, MS Nursing/Public Health,
Certified Nutrition Coach, Certified Personal Trainer
thefunctionalnursecoach@gmail.com
www.thefunctionalnursecoach.com 913-717-6812

COUNSELING

SMJ SHANE M. JONES
A ASSOCIATES, P.A.

COUNSELING YOU CAN TRUST

www.shanemjones.com

2704 N. Topeka Blvd., Suite D
Topeka 785-288-7732

6040 Bob Billings Parkway, Suite B
Lawrence 785-832-8838



Shane Jones, L.S.C.S.W.

Areas of expertise:

- Marriage & Relationships
- Depression
- Anxiety
- Addiction
- Addictions
- Foster Care
- Grief/Loss

HOUSE BUYERS

Need to Sell Your House Fast?

No repairs. No commissions.

Not a listing. Private buyer 785-291-9665

www.areawidehomebuyerstopeka.com

HEALTHY MARKETING

PLACE YOUR AD HERE! Starting at \$25/mo.
Contact: info@TopekaHealthandWellness.com

HEALTH INFORMATION

HEALTH INFORMATION - Topeka & Shawnee County Public Library, 1515 SW 10th Ave. A variety of health and wellness information in various formats.

Call 785-580-4400 or visit www.tscpl.org

GRAPHIC DESIGN SERVICES

GRAPHIC DESIGN AND ADVERTISING CONSULTING - Printing, Promotional Products, Social Media & Website design & tutoring services. **I-DESIGN GRAPHIC SERVICES**

785-249-1913 • irene@idesigngs.com

www.idesigngs.com

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Find out more at CindyJouWho.innov8tivenutrition.com

