

Health & Wellness Marketplace

Check out the companies and service providers below to fulfill your health and wellness needs. To advertise in this section for as little as \$25, call us at 785-380-8848 or email info@TopekaHealthandWellness.com.

MEDICAL

KMC GASTROENTEROLOGY & ENDOSCOPY CENTER - 2200 SW 6th Ave. Treating abdominal pain, digestive disorders, constipation & more 785-354-8518. KMCPA.com • www.TopekaEndoCenter.com

MENTAL HEALTH - ADDICTION

MENTAL HEALTH - ADDICTION TREATMENT - Valeo Behavioral Health Care, 330 SW Oakley and 400 SW Oakley. 785-233-1730

OFFICE SPACE FOR RENT

OFFICE SPACE available, great for therapists, health & wellness companies, small bus. owners. Desks/chairs, all utilities & Wi-fi/Ethernet included. \$100 VISA card to new leases if you mention this ad! College Park Office Suites, 2611 SW 17th St. Call/text 785-430-1657. info@cpofficesuites.com

FINANCIAL HEALTH



— THE —
RETIREMENT
TEAM

KsRetire.com

785-478-7808

5909 SW 28th St., Ste 100
Topeka, Kansas 66614

The Retirement Team is a team of financial professionals that specialize in helping retirees and those about to retire.

Roger Shumaker is a Registered Representative & Investment Advisor Representative. Securities and Investment Advisory Services offered through Osaic Wealth, Inc. member FINRA/SIPC. Osaic Wealth is separately owned and other entities and/or marketing names, products or services referenced here are independent of Osaic Wealth.

CHIROPRACTIC

Beckley
CHIROPRACTIC
& WELLNESS

- Chiropractic Care
- Red Light therapy
- Massage therapy
- Yoga classes
- Detoxification
- Nutrition counseling
- Spinal decompression therapy

Amber N. Beckley, D.C. • Doctor of Chiropractic
(785) 234-5056 • office@beckleychiropractic.com
216 SW 7th St., Topeka • www.BeckleyChiropractic.com

MEDICAL PRODUCTS

CPAP
Supplies & Services LLC

Specializing in all your CPAP needs
785-289-3188 2905 SW Gage

REALTORS

BOWES
Countrywide
Realty

Life Transitions
Estate Listings

785-414-9124

PERSONAL NURSE COACHING

Client-centered, Customized Plans
"BRIDGING THE GAP BETWEEN FOOD AND MEDICINE"
Book a **FREE** nurse coaching consult call!

The Functional Nurse Coach

Rebecca Wharton, RN, MS Nursing/Public Health.
Certified Nutrition Coach, Certified Personal Trainer

thefunctionalnursecoach@gmail.com
www.thefunctionalnursecoach.com

913-717-6812

SPICES & SEASONINGS

New BBQ SPICES from
Spiceologist
Alicia Bomdelicious Barber
<https://spiceologistalicia.blogspot.com/?m=1>
www.bomdeliciousKitchen.com

HOUSE BUYERS

Need to Sell Your House Fast?

No repairs. No commissions.
Not a listing. Private buyer 785-291-9665
www.areawidehomebuyerstopeka.com

HEALTH INFORMATION

HEALTH INFORMATION - Topeka & Shawnee County Public Library, 1515 SW 10th Ave. A variety of health and wellness information in various formats.

Call 785-580-4400
or visit www.tsopl.org

HEALTH-CENTERED EVENTS

Holistic Spirit Mind Body Expo

3 Days of Holistic Wellness to nurture your mind, body & spirit.
Apr. 17-19, Ramada Inn • Fri. 2-7, Sat. 10-6, Sun 11-5
Healers, Readers, Practitioners, Vendors, Raffles, Food,
Fun, Wellness Products. • \$5 at the door.

NUTRITION / SUPPLEMENTS

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NUTRITION

A whole new way to be your best!
Take dietary supplements by
wearing one patch each day!

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Find out more at CindyLouWho.innov8tivenutrition.com

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PATCH
Application