

Health & Wellness Marketplace

Check out the companies and service providers below to fulfill your health and wellness needs. To advertise in this section for as little as \$25, call us at 785-380-8848 or email info@TopekaHealthandWellness.com.

MEDICAL

KMC GASTROENTEROLOGY & ENDOSCOPY CENTER - 2200 SW 6th Ave. Treating abdominal pain, digestive disorders, constipation & more 785-354-8518. KMCpa.com • www.TopekaEndoCenter.com

MENTAL HEALTH - ADDICTION

MENTAL HEALTH - ADDICTION TREATMENT - Valeo Behavioral Health Care, 330 SW Oakley and 400 SW Oakley. 785-233-1730

OFFICE SPACE FOR RENT

OFFICE SPACE available, great for therapists, health & wellness companies, small bus. owners. Desks/chairs, all utilities & Wi-fi/Ethernet included. \$100 VISA card to new leases if you mention this ad! College Park Office Suites, 2611 SW 17th St. Call/text 785-430-1657. info@cpofficesuites.com

FINANCIAL HEALTH



KsRetire.com

785-478-7808

**5909 SW 28th St., Ste 100
Topeka, Kansas 66614**

- Professional Retirement, Financial and Tax Planning
- Specializing in crafting personalized retirement strategies.



Advisory Services offered through Nest Generation Investing, LLC.

CHIROPRACTIC



- Chiropractic Care
- Red light therapy
- Massage therapy
- Yoga classes
- Detoxification
- Nutrition counseling
- Spinal decompression therapy

Amber N. Beckley, D.C. • Doctor of Chiropractic
(785) 234-5056 • office@beckleychiropractic.com
216 SW 7th St., Topeka • www.BeachleyChiropractic.com

MEDICAL PRODUCTS



Specializing in all your CPAP needs

785-289-3188 **2905 SW Gage**

REALTORS



Life Transitions
Estate Listings

785-414-9124

PERSONAL NURSE COACHING

Client-centered, Customized Plans

"BRIDGING THE GAP BETWEEN FOOD AND MEDICINE"

Book a FREE nurse coaching consult call!

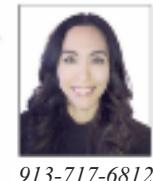
The Functional Nurse Coach

Rebecca Wharton, RN, MS Nursing/Public Health

Certified Nutrition Coach, Certified Personal Trainer

thefunctionalnursecoach@gmail.com

www.thefunctionalnursecoach.com



913-717-6812

SPICES & SEASONINGS

EAT THE RAINBOW!

FREE Wellness Education: Learn simple, colorful ways to support health with fruits, vegetables, and spices. New Valentine Spices. Led by Spiceologist Alicia "BOMDELILICIOUS" Barber. <https://www.etsy.com/shop/ALICIAzTeeZ>

HOUSE BUYERS

Need to Sell Your House Fast?

No repairs. No commissions.

Not a listing. Private buyer 785-291-9665 www.areawidehomebuyerstopka.com

GRAPHIC DESIGN SERVICES

GRAPHIC DESIGN AND ADVERTISING CONSULTING - Printing, Promotional Products, Social Media & Website design & tutoring services. **I-DESIGN GRAPHIC SERVICES**

785-249-1913 • irene@idesigns.com

www.idesigns.com

HEALTH INFORMATION

HEALTH INFORMATION - Topeka & Shawnee County Public Library, 1515 SW 10th Ave. A variety of health and wellness information in various formats.

Call 785-580-4400
or visit www.tscpl.org

COMMUNITY CARE LINE

WANT TO TALK AND IT'S NOT A CRISIS?

Feeling isolated & want to connect?
Shawnee Co. Community Cares line
1-800-972-8199 • M-F 10-2

NUTRITION / SUPPLEMENTS

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PATCH
Application

A whole new way to be your best!

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wearing one patch each day!

Call Cindy Durkin 785-224-1918

Find out more at CindyLouWho.innov8tivenutrition.com

